



Dr. Andrea Blake

WHOLISTIC HEALTH COACH | PUBLIC SPEAKER | AUTHOR | LIFE FORCE ENERGY EXPERT
DOCTOR OF CHIROPRACTIC

Dr. Andrea Blake, DC is the “Wholistic Health Coach” on an unrelenting mission to heal, restore and recharge lives through the healing art of what she has coined as the “HRR Method.” Dr. Andrea empowers her community as a tireless advocate, speaker and thought-leading healer.

Sharing evidence-based truths, Dr. Andrea roots for everyone on their natural health journey, standing firm on her driving principle that God has equipped all people with “life force energy.” She charges forward to deliver her message that we are innately born with everything necessary to obtain and maintain health for living at our highest expression. It is the healing of not just our bodies but also our mindsets which Dr. Andrea strives for on her journey to heal, restore and recharge lives.

As an African American woman, Doctor of Chiropractic and Clinical Director of Health on Earth Wellness Center in Chicago, Illinois, Dr. Andrea ensures education takes precedent in her connection with every patient she has the privilege of serving. Furthermore, she garners every opportunity she can to share pieces of knowledge in her daily interactions.

Beyond the four walls of her office, Dr. Andrea combines her faith, knowledge, and compassion to spearhead imperative discussions while sharing her own story of perseverance and transformation through wholistic healing.

She speaks and coaches frequently at public forums, in-office talks and community workshops about the power of natural healing, stress reduction techniques, spiritual meditation and increasing “life force energy.”

Speaking Topics:

- Embracing your Sacredness for Lasting Healing
- Re-Create Your Reality for a More Vibrant You
- Emotional Weight Loss: Your feelings matter
- The Power of Your Alignment

If you would like to book a free intro call to discuss your current health situation privately, or book Dr. Andrea for a workshop, retreat or to speak at your event, you can email her at DrAndrea@DrAndreaBlake.com or call (708) 882-0080.

Visit DrAndreaBlake.com and download her free eBook.

Follow Dr. Andrea on Social Media: [@drandreablake](https://www.instagram.com/drandreablake).



DR. ANDREA BLAKE, DC

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